



High Speed Training Course List

Our online courses are ready whenever you are.

Conveniently train from your desktop, tablet or mobile device -
anytime, at your own pace.

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AUDITED, APPROVED, ENDORSED & ACCREDITED

All of our online courses are independently reviewed
by an appropriate recognised authority.



Established in 1996, The CPD Certification Service is the independent CPD accreditation centre working across all sectors, disciplines and further learning applications. All of our courses are accredited by the CPD Certification Service as conforming to universally accepted Continuous Professional Development (CPD) guidelines.



For 100 years, the Royal Society for the Prevention of Accidents (RoSPA) has been working to change both legislation and attitudes surrounding accidents. Many of our courses are approved by RoSPA, as providing quality and content-approved training.



The Institute of Hospitality is the professional body for managers and aspiring managers working and studying in the hospitality, leisure and tourism industry. Many of our courses are endorsed by the Institute of Hospitality as providing independently-evaluated, quality content that teaches good practice standards.



Many of our courses are audited and approved by Environmental Health Officers (EHOs): meaning the training materials have been independently reviewed and are verified as containing the necessary knowledge to achieve the level of training specified.



The Independent Asbestos Training Providers (IATP) are a nationally recognised not-for-profit organisation working in conjunction with the Health and Safety Executive (HSE). Our Asbestos Awareness course has been independently audited by the IATP and meets the relevant Category A Asbestos Regulations.



The International Institute of Risk and Safety Management (IIRSM) are an educational charity that work to recognise, inform and support individual and corporate professionals in risk and safety management. IIRSM work across the world, supporting a community over over 8000 members in 70 countries. A range of High Speed Training courses have been individually recognised by IIRSM as as meeting the standards of its Training Approval Scheme.

OUR COURSES:
FOOD SAFETY

COURSE TITLE	CPD	RoSPA	IoH	IIRSM	EHO	IATP
Food Allergen Awareness £20 +VAT	✓		✓			
Food Allergens in Manufacturing £20 +VAT	✓					
Food Labelling Regulations £25 +VAT	✓		✓			
Good Manufacturing Practice £20 +VAT	✓	✓				
How to Improve Your Food Hygiene Rating £39 +VAT	✓		✓			
Level 1 Food Hygiene and Safety £15 +VAT	✓	✓	✓		✓	
Level 2 Food Hygiene and Safety For Catering £20 +VAT	✓	✓	✓		✓	
Level 2 Food Hygiene and Safety For Manufacturing £20 +VAT	✓	✓	✓		✓	
Level 2 Food Hygiene and Safety For Retail £20 +VAT	✓	✓	✓		✓	
Level 2 HACCP £30 +VAT	✓	✓	✓		✓	
Level 3 HACCP £125 +VAT	✓	✓	✓		✓	
Level 1 TACCP £20 +VAT	✓	✓	✓			
Level 2 TACCP £30 +VAT	✓	✓	✓			
Level 3 Supervising Food Safety in Catering £125 +VAT	✓	✓	✓		✓	
Level 3 Supervising Food Safety in Manufacturing £125 +VAT	✓	✓	✓		✓	
Level 3 Supervising Food Safety in Retail £125 +VAT	✓	✓	✓		✓	

OUR COURSES:
HEALTH & SAFETY

COURSE TITLE	CPD	RoSPA	IoH	IIRSM	EHO	IATP
Abrasive Wheels £30 +VAT	✓					
Anaphylaxis Awareness £25 +VAT	✓					
Asbestos Awareness (Category A) £25 +VAT	✓	✓				✓
CDM Regulations £20 +VAT	✓	✓				
COMAH £25 +VAT	✓	✓				
Control of Substances Hazardous to Health (COSHH) £25 +VAT	✓	✓				
Corporate Manslaughter Training £25 +VAT	✓	✓				
COSHH for Clinical Environments £25 +VAT	✓	✓				
Display Screen Equipment (DSE) £25 +VAT	✓					
Display Screen Equipment (DSE) Assessor £35 +VAT	✓					
DSEAR (Dangerous Substances) £25 +VAT	✓	✓				
Electrical Safety £25 +VAT	✓	✓				
Environmental Awareness £25 +VAT	✓	✓				
Facilities Management £125 +VAT	✓					
Fire Risk Assessment £35 +VAT	✓	✓				
Fire Safety Awareness £30 +VAT	✓	✓				
Fire Safety for Care Homes £30 +VAT	✓	✓				
Fire Warden £35 +VAT	✓	✓				
Hand-Arm Vibration (HAVS) Training £20 +VAT	✓	✓				
Health and Safety for Food Handlers £30 +VAT	✓	✓	✓			
Infection Control and Prevention £20 +VAT	✓	✓				

COURSE TITLE	CPD	RoSPA	IoH	IIRSM	EHO	IATP
Ladder Safety £30 +VAT	✓	✓				
Lead Awareness £25 +VAT	✓	✓				
Legionella and Legionnaires' Disease Awareness £30 +VAT	✓	✓		✓		
Level 1 Health and Safety in the Workplace £20 +VAT	✓	✓				
Level 2 Cleaning in Food Premises Training £25 +VAT	✓		✓			
Level 2 Health & Safety in the Workplace £30 +VAT	✓	✓				
Level 3 Award in Health and Safety in the Workplace £150 +VAT	✓	✓				
LOLER £30 +VAT	✓	✓				
Lone Working £15 +VAT	✓	✓				
Managing Contractors £30 +VAT	✓	✓				
Managing Health & Safety £25 +VAT	✓	✓				
Manual Handling Awareness £25 +VAT	✓			✓		
Moving and Handling of People in Residential Care £20 +VAT	✓					
Needles and Sharps Training £25 +VAT	✓	✓				
Noise Awareness £25 +VAT	✓	✓				
Office Safety £20 +VAT	✓	✓				
Paediatric First Aid £25 +VAT	✓			✓		
Permit to Work £25 +VAT	✓	✓				
Personal Protective Equipment (PPE) £25 +VAT	✓	✓				
Pest Control £25 +VAT	✓	✓				
Portable Appliance Testing (PAT) £30 +VAT	✓	✓				
PUWER £30 +VAT	✓	✓				

COURSE TITLE	CPD	RoSPA	IoH	IIRSM	EHO	IATP
Respirable Crystalline Silica Awareness £25 +VAT	✓	✓		✓		
RIDDOR £25 +VAT	✓	✓				
Risk Assessment £30 +VAT	✓			✓		
Slips, Trips and Falls £25 +VAT	✓	✓				
Spill Management £25 +VAT	✓	✓				
Warehouse Safety £30 +VAT	✓	✓				
Welding Safety £20 +VAT	✓	✓				
Working At Height £25 +VAT	✓	✓				
Working in Confined Spaces £25 +VAT	✓	✓				
Workplace First Aid £25 +VAT	✓			✓		

BUSINESS SKILLS & PERSONAL DEVELOPMENT

COURSE TITLE	CPD	RoSPA	IoH	IIRSM	EHO	IATP
Anger Management £25 +VAT	✓					
Anti-Bribery £30 +VAT	✓			✓		
Anti-Money Laundering (AML) and Financial Crime £25 +VAT	✓			✓		
Bookkeeping for Small Businesses £25 +VAT	✓					
Bullying and Harassment £25 +VAT	✓					
Business and Corporate Taxation £20 +VAT	✓					
Business Writing Skills £25 +VAT	✓					
Cellar Management £25 +VAT	✓		✓			
Communication Skills £25 +VAT	✓					
Complaint Handling £25 +VAT	✓					
Conflict Management £25 +VAT	✓					
Corporate Event Management Training £25 +VAT	✓					
Corporate Social Responsibility (CSR) £30 +VAT	✓					
Creative Writing Skills £40 +VAT	✓					
Credit Control £30 +VAT	✓					
Cross Cultural Awareness £25 +VAT	✓					
Customer Service Skills £25 +VAT	✓					
Data Protection £25 +VAT	✓			✓		
Disability Awareness for Employers £25 +VAT	✓					
Disciplinary & Grievance Procedures £30 +VAT	✓					
Effective Leadership £125 +VAT	✓					

COURSE TITLE	CPD	RoSPA	IoH	IIRSM	EHO	IATP
Employment Law £30 +VAT	✓					
Equality and Diversity £30 +VAT	✓					
Equality and Diversity in Health and Social Care £25 +VAT	✓					
GDPR £25 +VAT	✓			✓		
Health and Wellbeing £30 +VAT	✓					
Information Governance £25 +VAT	✓					
Interviewing Skills £30 +VAT	✓					
Introduction To Cyber Security £25 +VAT	✓					
Introduction to Housing Management £30 +VAT	✓					
Introduction to Neuro-Linguistic Programming £40 +VAT	✓					
Leadership and Management £60 +VAT	✓					
Licensing Law Awareness £20 +VAT	✓		✓			
Mental Health Awareness £25 +VAT	✓					
Minute Taking £40 +VAT	✓					
Negotiation Skills £40 +VAT	✓					
Networking Skills £30 +VAT	✓					
PA & Secretarial Skills £40 +VAT	✓					
Patient Customer Service Skills £25 +VAT	✓					
Performance Appraisal £30 +VAT	✓					
Presentation Skills £30 +VAT	✓					
Project Management £60 +VAT	✓					
Restaurant Hospitality £25 +VAT	✓		✓			

COURSE TITLE	CPD	RoSPA	IoH	IIRSM	EHO	IATP
Resilience Training £25 +VAT	✓					
Retail Customer Service Skills £25 +VAT	✓					
Sexual Harassment Training for Employees £25 +VAT	✓					
Sexual Harassment Training for Managers and Supervisors £25 +VAT	✓					
Social Media Marketing £25 +VAT	✓					
Starting a Business £25 +VAT	✓					
Stress Awareness in the Workplace £30 +VAT	✓	✓				
Time Management £20 +VAT	✓					
Unconscious Bias £25 +VAT	✓					

OUR COURSES:
HEALTH & NUTRITION

COURSE TITLE	CPD	RoSPA	IoH	IIRSM	EHO	IATP
Diabetes Awareness £25 +VAT	✓					
Nutrition & Healthy Eating £30 +VAT	✓					
Nutrition for Children £30 +VAT	✓					
Nutrition for Pregnancy and Babies £30 +VAT	✓					
Nutrition for the Elderly £30 +VAT	✓					
Nutrition for Weight Loss £30 +VAT	✓					
Sports Nutrition £30 +VAT	✓					

OUR COURSES:
SAFEGUARDING PEOPLE

COURSE TITLE	CPD	RoSPA	IoH	IIRSM	EHO	IATP
ADHD Awareness £30 +VAT	✓					
Advanced Safeguarding Adults £40 +VAT	✓					
Advanced Safeguarding Children (Level 2) £39 +VAT	✓					
Advanced Safeguarding Children (Level 2) Refresher £39 +VAT	✓					
Autism Awareness £30 +VAT	✓					
Challenging Behaviour Training £30 +VAT	✓					
Child Mental Health Training £25 +VAT	✓					
Child Neglect £30 +VAT	✓					
Child Sexual Exploitation Awareness £30 +VAT	✓					
Dementia Awareness £30 +VAT	✓					
Deprivation of Liberty Safeguards £30 +VAT	✓					
Designated Safeguarding Officer (Level 3) £60 +VAT	✓					
Dignity in Care £25 +VAT	✓					
Domestic Violence and Abuse Training £30 +VAT	✓					
Drug and Alcohol Awareness £25 +VAT	✓	✓				
Dyslexia Awareness £30 +VAT	✓					
FGM, Forced Marriage and Honour-Based Violence Awareness £25 +VAT	✓					
Human Trafficking and Modern Slavery £30 +VAT	✓					
Introduction to Safeguarding Children (Level 1) £30 +VAT	✓					
Introduction to Safeguarding Children (Level 1) Refresher £30 +VAT	✓					
LGBT Awareness £25 +VAT	✓					

COURSE TITLE	CPD	RoSPA	IoH	IIRSM	EHO	IATP
Person-Centred Care £25 +VAT	✓					
Preventing Radicalisation and Extremism £20 +VAT	✓					
Safeguarding Children in Education £30 +VAT	✓					
Safeguarding Children with Disabilities £30 +VAT	✓					
Safeguarding Children; Internet Safety £30 +VAT	✓					
Safeguarding for Taxi Drivers £30 +VAT	✓					
Safeguarding Vulnerable Adults £30 +VAT	✓					
Safer Recruitment £30 +VAT	✓					
Safer Recruitment in Education £30 +VAT	✓					
Social Responsibility in Gambling £30 +VAT	✓					

OUR COURSES:
EDUCATION

COURSE TITLE	CPD	RoSPA	IoH	IIRSM	EHO	IATP
Autism Awareness in Education £30 +VAT	✓					
Data Protection for Schools £25 +VAT	✓					
Fire Safety for Schools £30 +VAT	✓					
Internet Safety for Schools £30 +VAT	✓					

WHY TRAIN WITH US?



Learn at your own pace

There is no time limit to our training: you can save your progress and take a break whenever you want.



Reduce your costs

There is no need to travel to a training centre as our courses are 100% online.



Convenience

Our courses are available on all sorts of devices, including smartphones, tablets and desktop computers.



Free retakes

If you don't pass the course you can review the training material again and retake the assessment at no extra cost.

Watch a short video explaining how it works



For any questions, please get in touch and we will be happy to help.

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